

ROTARY CLUB OF BOMBAY SEAFACE

CLUB BULLETIN

DR. MANISH MOTWANI SONAL DOSHI DISTRICT GOVERNOR **PRESIDENT**





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A MONTH OF PURPOSE, LOVE & IMPACT



Namaste!!

Rotary Service Month has just concluded, and my heart is full. What began as a series of projects became a month of connection — with our community, our purpose, and the people who give meaning to our service.

We flagged off the Eye Care Camp, where seeing beneficiaries walk back with clearer vision reminded us that sometimes, service is as simple as restoring dignity.

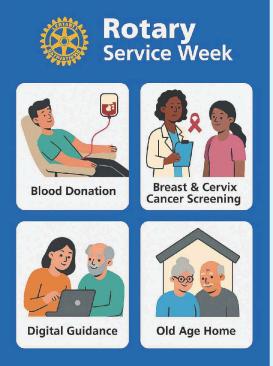
A Blood Donation Drive at Bandra Station, jointly held with RC Bombay Bayview, reinforced a powerful truth Every drop matters. Every donor saves a life.

SONAL DOSHI **PRESIDENT**

Our Cyber Crime Awareness Program continued its impactful journey, completing its final session at Celestia Spaces, Parel. Conducted by a Rotarian of Bombay Hill South Club who has led over 1000 sessions across, this initiative empowered senior citizens with digital confidence. Supported by Kala Chowki Police Station and RC Bombay Hill South, it reminded us that awareness is the first step to safety in today's online world. Adding to this, another inspiring Cyber Crime Awareness Session was held at S. S. Sahney High School, Khar, where Mr. Shailesh Jaria , President of Cyber Crime Rok Foundation guided young students on how to stay safe and smart online. Members of the

Rotary Club of Bombay Seaface were present, encouraging the next generation to be responsible digital citizens. Together, we move closer to making the internet a safer space for everyone. Mr. Jaria has conducted more than 1000 such sessions till now.

As the lead club for the Breast & Cervix Cancer Screening Drive at Indu Clinic, Colaba, , Sir Mangaldas Medical Centre at Banganga and People's Mobile Hospital at Worli under the guidance of DG Rtn. Dr. Manish Motwani, Group Avenue Head Rtn. Dr. Indumati Gopinathan, RSW Chairman Rtn Monal Turakhia Rtn. Nilesh Suchak, and Project Chair Rtn Dr. Laila Dave and Rtn. Dr. Meena Kothari, we reinforced an important truth. When women care for their health, communities flourish.



A touching moment followed at Maru Ghar, a senior citizens' home. Together with RC Bombay Bayview, we celebrated young Kanish's birthday with elders who showered us with unconditional love. Because sometimes, family isn't blood. Family is the love that shows up.

We also hosted a heartfelt programme for the specially abled at Nehru Science Centre, in the presence of Rotary International President Rtn. Francesco Arezzo and the First Lady, Maria.. Their presence was a reminder that inclusion is at the heart of Rotary. Our month culminated in Surat, where we visited Vanita Vishram Institution for our CSR project. In association with Narayana Hrudalaya, we donated 6 water coolers to support the

education of 17,500 girls, a legacy of two visionary women that continues to inspire. Over 25 club members joined, and we were honoured by the presence of a 2 Past District Governors of District 3061. In just one month, we touched lives through vision care, cancer screening, blood donation, senior citizen engagement, cyber safety, inclusion of specially abled children, and girl-child empowerment.

It wasn't about how many projects we did, It was about the hearts we touched and the hope we revived.

We return enriched, inspired, and ready to serve more.

CSR DONATION TO VANITA VISHRAM, SURAT

Under the CSR initiative of Narayana Hrudalaya Limited (SRCC Children's Hospital, Mumbai), a generous donation of 7 Water Coolers with Purifiers (6 this year and 1 in 2024), worth ₹6,50,000 (Six Lakhs Fifty Thousand), has been made to Vanita Vishram, Surat. Founded on 15th May, 1907, through the tireless efforts of two visionary social reformers Smt. Bajigauri D. Munshi and Smt. Shivgauri K. Gajjar Vanita Vishram began as a humble ashram for the welfare of widows and destitute women. What started as a compassionate initiative over a century ago has today evolved into one of Gujarat's most respected institutions dedicated to women's education and empowerment. Spread across 26 acres in the heart of Surat, Vanita Vishram is now the largest educational institution for girls, offering education from preschool to college within a single campus. With its motto of "Empowerment of Women through Education," it provides exceptional facilities for academics, vocational training, sports, and self-employment shaping the lives of nearly 17,500 girl students every year. Through its relentless commitment to education and service, Vanita Vishram has empowered thousands of women over more than a century, becoming a true role model for women's advancement in India. This CSR initiative supports that extraordinary vision helping sustain an ecosystem where learning, dignity, and empowerment thrive together. The project stands as a shining example of collaboration between Rotary and corporate CSR, coming together to create lasting social change. Rotary Club of Bombay Sea Face President Rtn. Sonal Doshi, along with Rtn. Nirmal Doshi 25 members, attended the event. Shri Ankit Shrimali represented Narayana Hrudayalaya (SRCC Children's Hospital, Mumbai), while Trustee Rtn. Deepak Khambhati and PDG Rtn. Nitin Mangaldas, IDG Rtn. Tushar Shah from Dist 3160, Vice Chancellor Daxesh bhai Thacker graced the occasion, adding significance to this meaningful initiative.











A SATURDAY FILLED WITH PURPOSE, PARTNERSHIPS AND POSSIBILITY

Club Meeting, Saturday, 8th November Some meetings are routine. And then there are meetings that touch the heart, strengthen our purpose, and remind us why we are Rotarians. Saturday, 8th November, was one such meeting. We had the honour of hosting PP Rtn. Hans, his wife Doris, and Rtn. Markus Winterholer (Head, International Service) from the Rotary Club of Luzern-Wasserturm, Switzerland. Their visit was not just a courtesy call, it was a reaffirmation of trust, partnership, and shared service goals. They personally visited Tata Memorial Hospital to see the impact of our Global Grant project. As they said with emotion, "Seeing is believing." The magnitude, the volume, and above all, the genuineness of the work moved them deeply. They expressed their appreciation for the difference being created and, most importantly, committed to continue their support for one more year. This commitment means more patients, more care, and more hope. Adding greater inspiration to the day was the presence of Dr. Bart Fisher, a visionary, humanitarian, and a three-time nominee for the Nobel Peace Prize. Dr. Fisher shared his mission of building a global bone marrow donor registry. He explained, in simple and compelling terms, the urgent need for bone marrow donation. In India, where Thalassemia affects countless young lives much like leukemia does in the US, blood transfusions become a way of life. Families go through painful cycles of treatment every few weeks, hoping for longer, healthier years for their children. Yet, even with transfusions, life expectancy remains heartbreakingly short. Dr. Fisher spoke about how a successful bone marrow transplant can save lives, not in theory, but in reality. His work is not just medical, it is deeply human. His passion and purpose filled the room with hope and determination. Our Members PP Dr. Pankaj Parekh explain more about the bone marrow donation. The afternoon also celebrated generosity within our own club. Our Major Donor recognition was a proud moment for all present, reaffirming Rotary's spirit of giving and sustained commitment to service. In addition, three Paul Harris pins were presented. Rtn. Sameer Parekh received his Level 1 pin from the President and TRF Director Rtn. Arun Shah and Rtn Leena Shah, Rtn. Nitin Doshi received his Level 3 pin. These recognitions symbolise not just contribution, but belief. Belief that service transforms lives. The meeting did not feel like just a Rotary agenda. It felt like a shared mission, across continents, united by compassion. We ended the afternoon with gratitude for partnerships that transcend geography, for leaders who inspire action, and for the possibility of changing lives through service.









ROTARY SERVICE WEEK: EYE CAMP

We're starting off on a meaningful note with our first project the Eye Care Camp. Proud to share that RCBSF is leading from the front and will be actively participating in multiple projects throughout the week. President Sonal Doshi and Six of our enthusiastic members were present today, setting the tone for a week dedicated to service, compassion, and action.



STAYING SAFE IN THE DIGITAL WORLD!!

This morning, an inspiring Cyber Crime Awareness Session was held at S. S. Sahney High School, Khar, led by Mr. Shailesh Jaria, President of Cyber Crime Rok Foundation. Mr. Jaria has travelled across India, conducting over 1000 sessions, a truly remarkable world record! His mission is simple yet powerful to help people, especially young students, stay safe and smart in the online world. Other project of our Cyber Crime Awareness initiative was at Celestia Spaces, Parel for specially organised for senior citizens. Officers from Kala Chowki Police Station are presented valuable insights and safety tips. A joint



initiative by Rotary Club of Bombay Hill South and Rotary Club of Bombay Seaface, spreading awareness and protection in the digital age. President Sonal Doshi and members of Rotary Club of Bombay Seaface were present, encouraging students to be responsible digital citizens. Together, we can make the internet a safer place for everyone.

RSW PROJECT BLOOD DONATION DRIVE

At Bandra Station, in association with Rotary Club of Bombay Bayview, has commenced! Every drop counts, every donor saves a life.

President Sonal Doshi and Rtn. Nitin Doshi were present there.



BREAST CANCER SCREENING CAMP IN ACTION



Rotary Club of Bombay Seaface, in association with Rotary Club of Bombay Bayview, proudly conducted Breast Cancer Screening Camps at three locations Colaba (Indu Clinic), Banganga (Mangaldas Charitable Clinic), and Worli. The camps at Colaba and Banganga, the Worli began with great participation. We were honoured to have Mrs. Krupa Shah, BJP leader, as our Chief Guest at the Banganga centre. A special moment of pride as District Governor Dr. Manish Motwani visited our Worli camp day! We are delighted to share that the Worli camp has received an

overwhelming response, with 150 screenings completed so far and counting! Screenings are also actively continuing at our Colaba and Banganga centres.

A MORNING FILLED WITH LOVE, BLESSINGS & QUIET HEARTBREAK..

Under Rotary Service Week, Rotary Club of Bombay Seaface joined hands with Rotary Club of Bombay Bayview for a deeply touching project with the senior citizens of "Maru Ghar", Borivali. Pres. Rtn. Sonal Doshi, First Lady 26–27) R'ann Gopi Ajmera with her elder son Kanishka, and Project director Preeti Joshi graced the occasion. What made the morning unforgettable was the way the residents of Maru Ghar celebrated Kanish's birthday with tilak, puja, aarti, music, and joyful dancing. Lunch was lovingly hosted by both clubs, and the sweetness of the moment was made even more special with home-style malai chikki brought by Gopi. Amidst all the cheer, something silently moved us. Many of these elders were once brought here because they were unwell. Today, they are physically recovered... ready to return home. But no one came back for

them. Not a call. Not a visit. Not even a question "Are you ready to come home?" Their eyes held stories of waiting.. waiting for a doorbell that never rang, waiting for footsteps that never came, waiting for a family that forgot them. And yet, when they saw a little boy today, they celebrated him as their own. With trembling hands they put tilak on his forehead, blessed him, hugged him, and showered him with more love than any banquet hall could ever hold. They gave love... even when life gave them reasons to guard it. A heartfelt acknowledgment to Dr. Dilip Amlani and the entire team of Maru Ghar, who ensure that these elders spend their twilight years with dignity, peace, and a sense of belonging. We walked in thinking we were

there to give joy. We walked out with something far deeper, a reminder that the greatest gift you can give is not money or things... but time, affection, and presence. Sometimes family isn't blood. Sometimes family is simply... someone who cares.



It began with a heart-touching programme for the Specially Abled at Nehru Science Centre, Worli, graced by the Rotary International President as Chief Guest.







CELEBRATING CHILDREN'S DAY WITH JOY...

Marking the spirit of Children's Day, Hamleys Play, in collaboration with CitySproutz, hosted a very special elebration yesterday for children from various NGOs. A heartfelt thank you to IPP Minal Turakhia for helping us organise this beautiful day filled with joy, excitement and unforgettable memories. The underprivileged children of Akshargnan (founded by Neelamben and Jayshreeben) were our special guests and they enjoyed every moment to the fullest! Their laughter, their wide-eyed wonder, and their pure smiles reminded us of one simple truth: Giving children a day of happiness can fill our hearts for a lifetime.



TOUCHING LIVES AT SAI ADHAR ORPHANAGE

President Rtn. Sonal Doshi, PP Rtn. Purna Mehta, Rtn. Preeti Joshi and Rtn. Pinki Dalal visited Sai Aadhar Orphan Home at Vasai on 17th November along with our RCC team member Mr. Prashant Mhatre. As part of our community service efforts, the club donated two locker cupboards with 25 lockers each, a tool kit containing basic carpentry, electrical and minor repair tools to support vocational skill training for the older children, three sets of undergarments for all 48 children, two pairs of footwear for each child and one monkey cap per child for winter use. Earlier, we had also provided them with old clothes and 48 lunch boxes

received from our donors. These contributions were made possible through the generous support of our members, to whom we express our sincere gratitude. The team then visited Muktajeevan NGO at Vashind in Shahapur to explore a potential project. Muktajeevan, an organisation working for orphans, HIV patients, leprosy patients and senior citizens, has requested assistance for water purification, usage and conservation solutions in their premises. The visit served as a preliminary assessment to understand their requirements and to decide on the scope of our club's participation in this meaningful initiative.



INSTALLATION OF ROTARACT CLUB OF NSS (2025–26)

RCSF proudly installed the Rotaract Cluof NSS for the year 2025–26. The ceremony was graced by President Rtn. Sonal Doshi, along with Rtn. Bharat Merchant, PP Dr. Meena Kothari, Rtn. Tejaswini Modak, PE Rtn. Bhuvan Ajmera, and First Lady (2026–27) Gopi Ajmera. With the newly installed Rotaract team, RCSF looks forward to undertaking a series of impactful, meaningful, and youth-driven projects in the coming year. The collaboration promises enhanced community engagement and strengthened Rotary. Rotaract synergy.





EMBRACING A LIFE OF BALANCE





The Speaker meeting at the Orient Club offered an inspiring dive into gut health with Payal Kothari, The Gut Health Coach, who highlighted how the gut influences everything from skin and mood to energy, metabolism, hormones, and muscle strength and how a holistic lifestyle helps the body heal from within, whether dealing with IBS, thyroid issues, menopause, hormone imbalance, or weight concerns. She emphasized that true transformation begins with understanding this deep gut wellness connection, especially for those facing acidity, constipation, diarrhea, or

other digestive troubles, where medicines only offer temporary relief; her Gut Wellness Program instead guides individuals toward real healing, balance, confidence, and freedom with food and travel. We extend heartfelt thanks to R'ann Vibha Kapadia for inviting her, Rtn. Parul Mody for the lovely venue and meal, and PP Rtn. Leena Shah for gifting her beautiful artwork. Let's Reduce, Redesign, Recharge & Repair together!